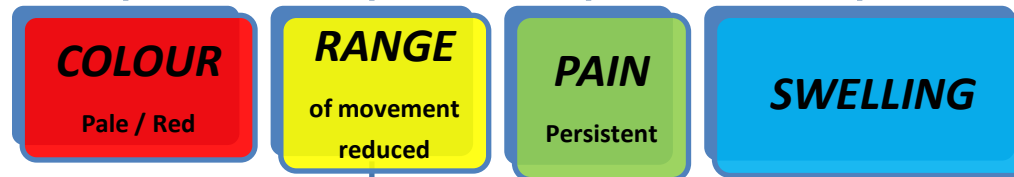


COMPLEX REGIONAL PAIN SYNDROME (CRPS) SCREENING

Does your patient have the following features?



ACT NOW

Speak with attending Consultant / Senior
Clinical Decision Maker

Query / Risk of CRPS

- 1. Start** Lyrica low dose 25mg BD 1/52. Titrate to 50mg BD, 75mg BD x2/3 day. Max dose 150mg BD. Vit. C Supplement 500mg OD. for 50 days is recommended. Healthy diet. G.P. to monitor pain meds.
- 2. Refer to Physiotherapy & Occupational Therapy** (HEP & advice in/out of POP) in POP
- 3. Orthopaedic Consultant** to review re: further immobilisation plan / K-wire removal
- 4. Follow-up promptly** in Fracture clinic as appropriate

Definite CRPS

- 1. Start** Lyrica low dose (G.P. to monitor pain meds until **Dr. Wei Lan - Consultant Pain Specialist and Clinical Lead CRPS Forum** review)
- 2. Refer to Physiotherapy & Occupational therapy** (HEP & advice in/out of POP)
- 3. Refer** to **Dr. Wei Lan**, Pain Management, SIVUH
- 4. Orthopaedic Consultant** to review immobilisation period/plan for K-wire removal
- 5. Follow up promptly** in Fracture Clinic as appropriate